

INFRARED SAUNA BLANKET

HIGHERDOSE

BENEFITS OF INFRARED SAUNA

- 
MOOD LIFTING
- 
ACTIVES GLOWING SKIN
- 
DEEP RELAXATION
- 
FULL BODY DETOX
- 
IMPROVES CIRCULATION
- 
CALORIE BURNING
- 
MUSCLE RECOVERY

HIGHERDOSE ELEVATED TECH-OUR ADVANTAGE

Our Infrared Sauna Blankets are designed with five layers of powerful, naturally healing technologies:

- 
FAR INFRARED HEAT
- 
CRYSTAL THERAPY
- 
CHARCOAL LAYER
- 
CLAY LAYER
- 
MAGNETIC LAYER

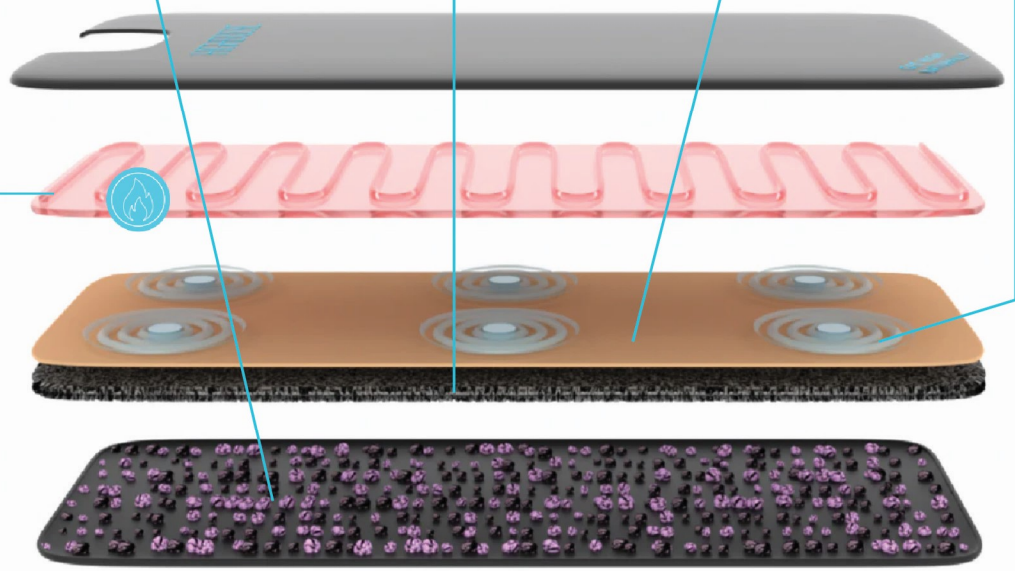
FAR INFRARED HEAT
Infrared's deeply penetrating heat promotes a full-body detox, improved circulation, reduced inflammation, and inside-out healing.

CRYSTAL THERAPY
Healing amethyst and obsidian deepen the benefits of infrared and naturally generates negative ions, which fight free radicals.

CHARCOAL LAYER
Charcoal binds to pollutants, helping to flush out impurities and deepen your detox.

CLAY LAYER
Emits negative ions and balance the heat.

MAGNETIC LAYER
A grounding medical-grade magnetic strip improves blood flow and circulation.



NON-TOXIC PU LEATHER/ EXTREMELY LOW EMF

HOW TO USE

STEP ONE-GET DRESSED
Wear comfortable, skin covering clothing. We recommend loose cotton. Socks are required! Or use our Infrared Sauna Blanket Insert and go naked! It's all the protection you need.

STEP TWO-GET LAID
Lay your Sauna Blanket on a flat, heat resistant surface. Try a massage table or a yoga mat.

STEP THREE-GET COMFORTABLE
You'll need a barrier between your body and the blanket. Use a towel for added comfort.

STEP FOUR-GET HOT
Preheat the sauna blanket for 10 minutes. Select a temperature level by turning the dial.

Begin on level 4 or 5, slowly increasing to 6 or 7. Level 8 should ONLY be used if sweating cannot be achieved on lower levels.

STEP FIVE-GET LIT
Slip into your sauna blanket and zip yourself in. Enjoy a euphoric 30-45 minute session.

STEP FIVE-GET COLD
Rinse off in an icy shower to cleanse your body and cool your system. Can you chill for two minutes? This system shock is flooding your body with heat shock proteins: a cellular defense against aging that is directly linked to vitality and longevity.



GET ADDICTED TO YOUR OWN ALCHEMY. Our Infrared Sauna Blanket relaxes the mind, boosts your mood, promotes glowing skin, and provides a healthy DOSE of invigoration. Infrared technology mirrors the healing energy of the sun, bringing the power of nature into your home. Get ready to feel blissed, buzzed and beautiful.